FACTS ABOUT HAE. DID YOU KNOW?





Hereditary Angioedema (HAE) is a rare condition occurring in approximately **1 in 50,000** people worldwide.



Early treatment during and HAE attack is essential a timely diagnose is extra important. HAE is an autosomal dominant inheritable disease, which means if one of the parents has HAE, their children (male/female) will have a 50 % chance of inheriting the disorder.



HAE TYPES

Type 1		HAE with normal functioning C1-INH
Low level of C1-INH	Normal level of C1-INH	Normal level of C1-INH
C1-INH functions normally	C1-INH doesn't function normally	C1-INH functions normally
Occurs equally in men & women	Occurs equally in men & women	More common in women than men
The most common: ~ 85% of people with HAE	~ 15% of people with HAE	Extremely rare

Self-administration can improve a patient's independence and overall quality of life.

HAE has no effect on fertility.



While there is currently no known cure for HAE, untreated HAE episodes can last up to 5-7 days.

50 % of HAE patients may have at least 1 laryngeal attack in their lifetime. A throat swelling requires immediate medical care.



Individualized Treatment Plan –

means talking to your doctor to come up with a treatment plan specifically designed for you.



even small surgical procedures
(e.g. dental works) and
hormonal fluctuations (e.g.
during pregnancy, puberty or
menstruation) are sometimes
enough to cause a swelling
episode.

When travelling make sure you:

- Choose your destination wisely if you know extreme weather can trigger an attack
- Have enough medication and ancillaries necessary in case of an HAE attack
- Check in advance whether there is a hospital or doctor near your destination that is specialised in HAE
- Always carry your emergency card and your medical passport



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