

COVID-19 and HAE

As information about COVID-19 unfolds, there can be a wide range of thoughts, feelings and reactions. To help you be prepared and feel safe during these challenging times, we have gathered some useful information and advice specially for you.

There is no specific data or research currently regarding COVID-19 and HAE. Considering the current understanding of HAE, it is currently expected that having HAE should NOT cause:

- increased susceptibility to getting COVID-19 infection.
- increased severity of infection if COVID-19 seems to be contracted, unless other risk factors or pre-existing disease are also present – e.g. elderly (over the age of 70) or suffer from hypertension, diabetes, cardiac and respiratory disease.

It is known that infections in general may be a trigger for HAE attacks, being therefore important to:



Know that on case of infection, swellings may be more frequent, but will return to baseline after the infection is over.



When possible, in case of a severe HAE attack which may require HCP attention, immediately contact your HCP prior to any outpatient or ER visit for last minute guidance.



Take your HAE medication as prescribed



Keep prescriptions current and make sure you have enough medication on hand.



Follow all instructions from local and governmental health authorities. Only trust information provided by reliable sources.



Increase precaution and preventive measures also with younger generations, as severe outcomes have been reported by the WHO.



If you have specific questions, contact your HAE physician.



Try to stay calm and reduce your anxiety in this difficult time, as stress can be a trigger for HAE attacks.

We can all help to prevent the COVID-19 spread. Stay home and respect social distancing. Wash your hands frequently. Take care of yourself and others. Use this time to do what you like the most.

This information is in line with the UKPIN and HAE Clinical Network recommendations and endorsed by the HAEUK patient group.

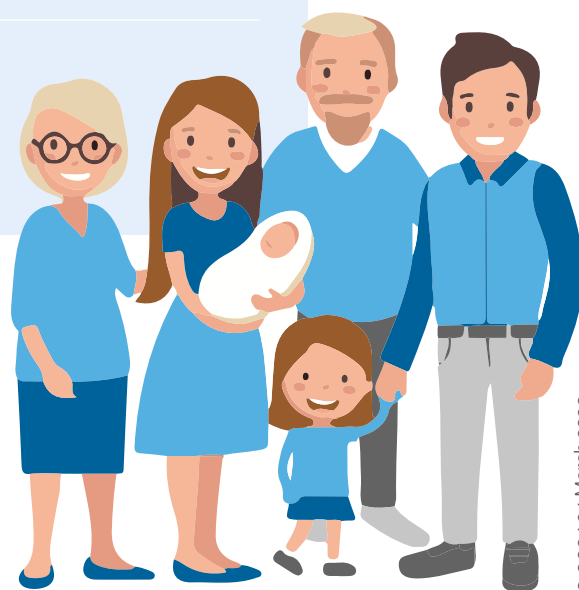


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